

“KISS” – this slogan was created in the dental implantology by **Professor Dennis P. Tarnow**, New York University – Department of Periodontology and Implant Dentistry – who is for me one of the most brilliant teachers within this area.

This abbreviation means **“keep it simple and stupid”** and is known worldwide today in the field of dental implantology thanks to Professor Tarnow’s international acceptance. I have modified “KISS” for Non-Americans to: **“keep it simple and successful”**, because at last the goal means success.

What is „success“ in Implantology?

My understanding of “success” it is an optimum result, i. e. the restoration of the chewing function similar to natural teeth, a beautiful aesthetic and the fact, that the reconstruction will be functional over the whole life independent of the patient’s age.

During my 35-year career in implantology, I have witnessed the whole development in this area – and all the highs and lows, i. e. far too many failures. I now regard it a collegial duty to pass on these experiences to a younger generation of dentists.

Last but not least, this was also the reason to launch the IFZI in 1995 in Nürnberg.

What is “simplicity” in Implantology?

I understand “simplicity” to mean the maximum protection of the patient, i. e. the reduction of the trauma, the reduction of the time of treatment and the reduction of the sessions in the practice rooms. By this the costs for the patient can be reduced.

Taking into consideration that we have today a probability of success of about 95 % in the therapy of implantology – thanks to the failures of the brave pioneers in this area – these successes are established today derived from a highly complex method. However, this happened unintentionally by means of pure lack of knowledge and experience.

The purpose therefore is the education of the implantology, which has no clear structure and which is overly theoretical:

“Implantology – is a practical craft both in the surgical and in the prosthetic phase”.

Additionally – how could the practitioner identify the advantages and disadvantages of a system of implantology while there is a vast array of systems on offer?

Just well-known implantology companies with a long tradition have old patents but invest enormous sums for expensive promotion, well aware that their target group does not have a clear perspective.

Many roads lead to Rome: This book will show the most simple and the most successful way to gain the access to this fascinating area of dentistry – for the benefit of all participants and at the end for the patient’s benefit.

Success will be really successful when it will be achieved by the most simply way.

Typical examples for this philosophy of treatment, reaching a successful final result by this way, are the Fast & Fix and the Multi-Therapy-Concept, as well as the SIS-Rail, which allows sufficient primary stability to be achieved in order to implement the sinus lift single-phased – of course not by bone removal from the patient’s hip or chin area. Mainly by using the most suitable materials as bone replacement (i. e. Bio-Graft-Mix), membrane (i. e. Tef-Gen) and special surgical instruments for these the “kiss”-philosophy is a *conditio sine qua non*. All this is described in detail and runs like a red thread through all patient cases.

I want to conclude this introduction with a letter of **Dr. Michael Weiss** – one of the **Co-Authors** of this book – whom I asked to develop notes and suggestions for improvement for this script:

Dear Manfred,

sorry, a little later than asked, but nevertheless....

I am happy to give you my statement to your wonderful book:

The size is phenomenal –which also was a reason for the delay. You really have implemented the whole modern implantology and worked off and summarized its peripheral areas in the most optimal way. The topics are chosen and formulated thoroughly. The preparation and the huge number of case presentations have impressed me very much. I know how difficult it is to photograph complex cases in such a detailed and complete way – even the simple cases are very difficult to photograph. The photos are excellent, the quality of the pictures of my prints are not optimal probably due to my printer. I like very much the integration of the dental technology for this I also give a big compliment to Mr. Goller and Mr. Stübler. It is concluding the overall prosthetic-implantology picture in a perfect way.

I specially want to point out the consequent integration of the „KISS “-philosophy which is expressed in chapter I as well as in the patient cases. It is really a wonderful „cookbook“ and encourages one to cook. In this connection I like the description of the materials and the references at the end of the book for the practitioner. Congratulation and much success, dear Manfred!

I feel myself being well positioned and placed with my small article and I am happy to queue within the other delightful articles.

*Regards from Ulm,
Your Michl*